

**OAJ, 22. ročník, krajské kolo 2011/2012, kategória 2B**

**G R A M M A R**

**Fill each of the numbered blanks in the passage with one suitable word.**

A GREEN AND FRIENDLY HOME ENVIRONMENT

What can the average Briton do (0).....to..... create a home environment which is green and friendly? Well, first of all bear in mind that over half (1)..... average home's energy bill is spent (2)..... heating rooms, but at the same time a typical house loses nearly half its heat (3)..... the walls and roof. So point number one is to ensure that your house (4)..... adequately insulated. Get advice (5)..... double glazing, and loft insulation. The next important point to consider is (6)..... of waste. Packaging and wrapping is an obvious example. Try to use economy size boxes, and re-use containers such as glass jars and plastic cartons (7)..... of wrapping food in foil and plastic. Take bottles to bottle-banks, and only shop in supermarkets (8)..... use environment-friendly packaging. In the garden, start a compost heap (9)..... old food scraps and garden weeds. And it is surprising (10)..... can be done with some other things we usually throw (11)..... .

..... /11 pts

**Complete the 2<sup>nd</sup> sentence in each set so it means exactly the same as the 1<sup>st</sup>.**

**12.** I am sorry now that I didn't tell you the truth.

Now I regret not .....

**13.** I couldn't pay for the meal as I had left my wallet at home.

..... my wallet at home, I couldn't pay for the meal.

**14.** Janet came first, which surprised nobody.

Nobody ..... Janet came first.

**15.** The audience suddenly started to applaud loudly.

All of ....., there was ..... from the audience.

..... / 4 pts

**Total Points..... /15 pts**

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**V O C A B U L A R Y**

**Complete sentences 1-4 by making compound NOUNS. The 1<sup>st</sup> HALF of each compound noun is in the sentence, the 2<sup>nd</sup> HALF is in the box below. There are four extra words and none of the words in the box is use more than once. Write your answers in the spaces provided.**

DECLINE BURST NEGOTIATION DECAY KNOB FIRE HANDLE SHOWER
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1. I gripped the DOOR-..... tightly and tried to turn it, but it wouldn't budge.
2. If you clean your teeth regularly, you will reduce your chances of TOOTH-.....
3. The United Nations tried to arrange a CEASE.....in the conflict without success.
4. We got soaked to the skin in a sudden CLOUD.....

**Complete the text by putting the WORD at the end of each line into the correct form in that line.**

**THE POPULAR PRESS AND THE ROYAL FAMILY**

The relationship between the British royal family and the popular press is curious, to say the least. Royal scandals and royal divorces illustrated with (5) ..... TASTE photographs and supported by the worst kind of (6) ..... JOURNALISM excess have proved to be more than the thing for raising newspaper circulations.

The same papers that expressed (7) ..... when writing SENTIMENTAL about royal weddings, later went out of their way to hound various royals into

(8) ..... and divorce. What the press has yet to realize SEPARATE

is that such (9) ..... into the privacy of members of INTRUDE

the royal family have also helped to create an atmosphere in which the very existence

of the monarchy has been called into question. If the monarchy should lose its

(10) ..... role, the press will be largely to blame. CONSTITUTION

..... / 10 pts

## READING COMPREHENSION

In the following article, the headings for each of the six paragraphs have been removed. Read the article and do the two (2) tasks on the next page.

### CONFLICT RESOLUTION SKILLS FOR HEALTHY RELATIONSHIPS

1. With most conflicts, it's important to find a resolution. This seems like a statement of the obvious, but many people **suppress** their anger or just 'go along to get along'. They think that by addressing a conflict, they are creating one, and simply keep quiet when upset. Unfortunately, this isn't a healthy long-term strategy. The reason is simple, unresolved conflict can lead to resentment and additional unresolved conflict in the relationship. Even more important, ongoing conflict can actually have a negative impact on your health.
2. An important component of conflict resolution involves only you – knowing how you feel and why you feel that way. It may seem your feelings should already be obvious to you, but this isn't always the case. Sometimes we feel angry or **resentful**, but don't know why. Other times, we feel that the other person isn't doing what they should, but we aren't aware of exactly what we want from them. It is important to identify our own feelings, thoughts and expectations.
3. When it comes down to effective conflict resolution, how effectively we listen, is at least as important as how effectively we express ourselves. It's vital to understand the other person's perspective, rather than just your own, if we are to come to a resolution. In fact, just helping the other person feel heard and understood can sometimes go a long way toward the resolution of a conflict. Unfortunately, active listening is a skill that not everybody knows. It's common for people to think they're listening, while in their heads they are actually formulating their next response; simply, people tend to be defensive.
4. Communicating your feelings and needs clearly is also an important aspect of conflict resolution. As you probably know, saying the wrong thing can be like throwing fuel on a fire, and make a conflict worse. The important thing to remember is to say what's on your mind in a way that is clear, without being aggressive or putting the other person on the defensive. One effective strategy is to put things in terms of how you feel rather than what you think the other person is doing wrong.
5. Once you understand the other person's perspective, and they understand yours, it's time to find a way out of the situation. Sometimes a simple and obvious answer comes up once both parties understand the other person's perspective. In cases where the conflict was based on a misunderstanding or a lack of insight to the other's point of view, a simple apology can work wonders, and an open discussion can bring people closer together.
6. Because of the **toll** that ongoing conflict can exact from a person, sometimes it's advisable to put some distance in the relationship, or cut ties completely. When dealing with difficult family members, adding a few **boundaries** and accepting the other person's limitations in the relationship can bring some peace. In friendships that are unsupportive or characterized by ongoing conflict, letting go may be a great source of stress relief.

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**READING COMPREHENSION (continued)**

**Decide which heading below (A, B, C, D, E, F or G) matches which paragraph above (1-6). Write the number of the appropriate paragraph next to the correct heading below. Be careful: there is one extra heading.**

- \_\_\_\_\_A. PRACTICE ASSERTIVE COMMUNICATION
- \_\_\_\_\_B. REALIZE WHEN IT'S NOT WORKING
- \_\_\_\_\_C. GET IN TOUCH WITH YOUR EMOTIONS
- \_\_\_\_\_D. STOP BEING AGGRESSIVE
- \_\_\_\_\_E. TRY TO RESOLVE CONFLICTS
- \_\_\_\_\_F. IMPROVE YOUR LISTENING SKILLS
- \_\_\_\_\_G. SEEK A SOLUTION

**Words 7-10 are used in the article you have read. Decide which option (a, b, c or d) is closest in meaning to each. Put the letter of your answer in the space provided.**

- \_\_\_\_\_7. SUPPRESS  
a) show                      b) ignore                      c) overcome                      d) hide
- \_\_\_\_\_8. RESENTFUL  
a) sad                      b) disappointed                      c) offended                      d) unwilling
- \_\_\_\_\_9. TOLL  
a) negative feelings      b) bad effect                      c) enormous energy      d) endless suffering
- \_\_\_\_\_10. BOUNDARIES  
a) conflicts                      b) rules                      c) conversations                      d) limits

**Total Points ..... / 10 pts**

Participant's number: .....

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**L I S T E N I N G**

**You will hear an interview with someone whose work is in product design and marketing. For questions 1-5, complete the notes – which summarize the interview – using ONE word only in each sentence.**

1. To achieve the proper image of a product, a designer and a manufacturer should work together on ..... planning.
2. Shoppers were asked to ..... the ideal product themselves.
3. Shoppers' confused reactions over washing powders were .....
4. Female clients were asked to group products. This activity is referred to as a brand- ..... exercise.
5. Women created collages of products based on colours, images and .....

**Total Points..... /5 pts**

**Autori: PhDr. Eva Žitná, PhDr. Zuzana Vépyová, PhD.  
Recenzent: Mgr. Anna Brisudová  
Korektor: Lyn Steyne  
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