

**Olympiáda v anglickom jazyku, 25.ročník, okresné kolo 2014/15, kategória 2B -
zadania**

READING COMPREHENSION

Task 1: Read the article carefully. There are two tasks to do on the next page.

STOP BEING A FUTURE JUNKIE

*Never think, "I'll only be happy WHEN ..." again.
Start smiling right now.*

Oddly enough, in a society driven by instant results, we're putting off happiness. Who hasn't said, "Oh, life will be great when I get a new job or I lose 5 lb.?" But, says Harvard psychologist Shawn Achor, author of *Before Happiness*, "Only 10 % of happiness comes from future events – 90 % is based on our mindset now." So feel happier today with these tips.

BEING HAPPY ISN'T ABOUT THE BIG THINGS.

Surprising but true: studies have revealed that scooping a lottery jackpot doesn't trigger any major transformation in the winner's wellbeing. "There's a short-term boost, but that soon fades," says Daniel Freeman, professor of clinical psychology at Oxford University. And you don't need a million in the bank to feel the same comedown either.

"You think you'll be happy when you get a new car or phone, but instead you worry you'll scratch it, then get frustrated when a newer model comes out," says Achor. What *will* make us feel happy? It can be a simple thing such as being totally absorbed in some kind of activity – even something low-key, such as watching a gripping film. "This suspends our worries, making us happier," says Freeman.

THINKING, "WHEN I ..." CAUSES WORSE DECISIONS

Your body is a classic example. You become so convinced you'll be happier when you're a certain size or shape that you resort to unrealistic measures – yes, we mean that brutal fad diet. But in trying to fast-forward results, "inevitably our resolve cracks," says Freeman. "And, dismayed by the failure, we end up feeling much worse. Not all change is bad, but break it up into small steps that will give you a sense of achievement – starting now."

YOU DON'T NEED OTHER PEOPLE TO MAKE YOU HAPPY

"People put off potential partners because they aren't happy in their life – they are waiting for a partner to fix the gap. But we're drawn to people who can *create* happiness for themselves," says Achor, who studied dating sites and identified a trend. The same is true at work, too. "If you go to work happier, you'll create success. In studies, happy employees were 40 % more likely to receive a promotion." Why? Good moods rub off on colleagues – Achor calls it *the happiness advantage*.

Psychologists call it *happiness hygiene* – so try the following daily activities for a sunnier outlook.

1. Jot down three things you're grateful for. Do this for 21 days to raise your long-term optimism.
2. Devote 15 minutes to cardio activities. Research indicates that, done daily, this has the equivalent effect of taking antidepressants.
3. Send thank-you email in the morning, since it will make you – and the recipient – happier.

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READING COMPREHENSION – TASKS

Task 1: Based on what you have read in the article, decide whether the statements below are true (T) or false (F). Circle one of the two letters. Be careful, sentences do not follow in the same order as the information in the article.

1. Enjoying a film can suppress anxieties. T / F
2. Happy people tend to get promoted more easily. T / F
3. Feelings of happiness are prevailingly connected with our future plans. T / F
4. Winning the lottery doesn't have a long-lasting effect on the winner's happiness. T / F
5. When you want to achieve something big, plan fast and dramatic changes. T / F
6. The ownership of a new car is likely to bring you entire happiness. T / F

Task 2: Define the correct meaning of the following words (underlined in the text) by circling one of the four words with the closest meaning.

7. resort to
 a) fight with b) turn to c) give up on d) face up to
8. fad
 a) something that is fashionable b) something that is fast
 c) something that is expensive d) something that is common
9. cracks
 a) is postponed b) becomes successful c) breaks down d) is doubted
10. put off
 a) look for b) irritate c) avoid d) argue with

..... / 10 pts

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Task 1: Complete the following sentences with one of the 'eating' verbs given. There are four extra verbs.

| | | | | | | | |
|-------------|---------------|----------------|----------------|----------------|----------------|--------------|-------------------|
| <i>gnaw</i> | <i>digest</i> | <i>consume</i> | <i>swallow</i> | <i>peck at</i> | <i>consume</i> | <i>gorge</i> | <i>polish off</i> |
|-------------|---------------|----------------|----------------|----------------|----------------|--------------|-------------------|

1. The children have no appetite. They just their food.
They hardly eat anything.
2. My mother always used to say to me, "Now make sure you chew meat carefully before you it."
3. As children we used to ourselves on ice-cream, chips and chocolate and then we felt very sick.
4. The starving prisoners were so desperate they would any meat bones they could find.

Task 2: Fill each blank space in the article below with the correct form of the word in capital letters.

A GREAT WEEKEND IN NEW YORK

New York department stores are the image of American dream. Many started out as small shops serving a local clientele. From these humble beginnings, they gradually managed to (5) and became symbols of (6) Everyone agrees that if you want to get an idea of New York chic, you only need to take a walk round one of these stores. The shop windows are fabulous, and the goods are remarkably displayed on the stands for maximum (7) ! In fact, many stores often ask prominent designers and (8) to create original lines of articles for them. For some shoppers, prices may seem a little higher than (9), but they are still (10)

PROSPEROUS**ELEGANT****TEMPTING****STYLE****ELSE****AFFORD**

..... / 10 pts

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G R A M M A R

Task 1: Fill each of the numbered blanks in the passage with one suitable word.

THE VELVET REVOLUTION

But (0)...*most*..... surprising of all was the emotional wave that ran (1)..... the crowd – not one of anger, or violent insolence, (2)..... a wave of peaceful happiness. Gently, joyfully, the students chanted and made funny rhymes. They lit one another's candles. They apologized (3)..... accidentally stepping on each (4)..... feet. It was an intensely intimate state of almost childlike marvel and wonder, (5)..... was to be repeated again and again in the days to come. I doubt (6)..... any of us will ever be privileged (7)..... to experience something like that again.

By 4 p.m. the light (8)..... growing dim, and we marched to Vysehrad cemetery. We were nowhere near the front of the crowd (9)..... the wreaths were (10)..... laid, but in the middle of a human conveyor belt delivering flowers to the front. The national anthem, which still included the Slovak final verse and melody (11)..... that time, rose around us.

..... / 11 pts

Task 2: Complete each sentence in such a way that it means exactly the same as the sentence above it.

12. They were unable to set off first thing in the morning because of a flat tyre.

A flat tyre prevented first thing in the morning.

13. I certainly don't intend to take his advice.

I have no his advice.

14. There was a large sign that said that you could not enter.

There was a large sign that said that..... forbidden.

15. He doesn't mind who knows about his private life.

It doesn't who knows about his private life.

..... / 4 pts

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LISTENING

You will hear a radio programme in which four women – Emma, Petra, Deborah and Vanessa – discuss what success means to them.

Below are five statements, each one about one of the women.

In the gaps provided, write the first letter of the name of the woman, to which the statement refers to (E, P, D or V).

WHAT SUCCESS MEANS TO ME

1. She doesn't have to pretend anything in her job and can openly show her real personality.

.....

2. She started developing the company that had been in the red.

.....

3. Her job is connected with promoting and organizing arts events.

.....

4. She realised a positive effect of her work after an unknown woman praised her achievement.

.....

5. She purchased the firm from her ex-partner.

.....

..... /5 pts

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Olympiáda v anglickom jazyku

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