

A N S W E R K E Y

GRAMMAR – 15 pts

1=after	6=been	11=enough	16=to
2=In/in	7=because	12=by	17=one
3=by	8=to	13=where	18=it
4=into	9=is	14=no	19=to
5=the	10=itself	15=at	20=be

- 21 She is not **fast enough** to win the race.
22 Daphne **succeeded in scoring** 95% on her last geography test.
23 What **on earth** does he mean?
24 The **theatre cannot / can't be** full already.
25 Would you **mind me using** your USB device?
26 The sergeant ordered the barracks **(to be) cleaned by** the soldiers.

27=E 28=A 29=F 30=C

VOCABULARY – 10 pts (spelling counts)

1=extinction	4=products	7=overheating
2=characterized/characterised	5=Unlike/unlike	8=endurance
3=ferocity	6=effectively	

9+10=demolition / dump 11+12=comparable / handy
13+14=fair / sizeable 15+16=painful / wasp

17=down 18=up 19=out 20=forward

VOCABULARY – PROGRESSIVE TEST

- on the next page

READING COMPREHENSION – 10 pts

1=B	4=C	7=F	10=T
2=D	5=D	8=T	
3=A	6=B	9=NS	

LISTENING COMPREHENSION – 5 pts

1=T	4=F	7=existing studies	9=conclusions
2=T	5=NS	8=beneficial	10=pesticides
3=T	6=F	nutrients	

VOCABULARY – PROGRESSIVE TEST

What does the ABBREVIATION (or ACRONYM) stand for? In the table below, write the words that are hidden in the abbreviations/(chat) acronyms on the left. (There is an example for you at the beginning.)

0	NATO	North Atlantic Treaty Organization
1	USB	Universal Serial Bus
2	www	World Wide Web
3	OPEC	Organization of Petroleum Exporting Countries
4	FAQ	frequently asked questions
5	CUL8R	see you later
6	RTF	Rich Text Format
7	tmrw	tomorrow
8	lol	lots of luck / laughing out loud
9	Ltd.	limited
10	http	Hypertext Transfer Protocol
11	PIN	Personal Identification Number
12	VAT	Value Added Tax
13	f2f	face to face
14	b&w	black and white
15	BTW	by the way
16	ASAP	as soon as possible
17	AADB	all done bye bye
18	TWTR	Twitter
19	UN	United Nations
20	OECD	Organisation for Economic Co-operation and Development

You will score 1 point for every 2 correctly spelled answers.

L I S T E N I N G T A P E S C R I P T
(Please read once.)

Organic ‘has no health benefits’

Organic food is no healthier than ordinary food, a large independent review has concluded. There is little difference in nutritional value and no evidence of any extra health benefits from eating organic produce, UK researchers found. The Food Standards Agency, who commissioned the report, said the findings would help people make an ‘informed choice’. But the Soil Association criticised the study and called for better research.

Researchers from the London School of Hygiene and Tropical Medicine looked at all the evidence on nutrition and health benefits from the past 50 years. Among the 55 of 162 studies that were included in the final analysis, there were a small number of differences in nutrition between organic and conventionally produced food but not large enough to be of any public health relevance, said study leader Dr Alan Dangour.

Overall, the report, which is published in the American Journal of Clinical Nutrition, found no differences in most nutrients in organically or conventionally grown crops, including vitamin C, calcium, and iron. The same was true for studies looking at meat, dairy and eggs.

Differences that were detected, for example in levels of nitrogen and phosphorus, were most likely to be due to differences in fertilizer use and ripeness at harvest and are unlikely to provide any health benefit, the report concluded. The review did not look at pesticides or the environmental impact of different farming practices.

Gill Fine, FSA director of consumer choice and dietary health, said, ‘Ensuring people have accurate information is absolutely essential in allowing us all to make informed choices about the food we eat.

‘This study does not mean that people should not eat organic food. What it shows is that there is little, if any, nutritional difference between organic and conventionally produced food and that there is no evidence of additional health benefits from eating organic food.’

She added that the FSA was neither pro- nor anti-organic food and recognised there were many reasons why people choose to eat organic, including animal welfare or environmental concerns.

Dr Dangour said, ‘Our review indicates that there is currently no evidence to support the selection of organically over conventionally produced foods on the basis of nutritional superiority.’ He added that better quality studies were needed.

Peter Melchett, policy director at the Soil Association, said they were disappointed with the conclusions. ‘The review rejected almost all of the existing studies of comparisons between organic and non-organic nutritional differences.

‘Although the researchers say that the differences between organic and non-organic food are not “important”, due to the relatively few studies, they report in their analysis that there are higher levels of beneficial nutrients in organic compared to non-organic foods.

‘Without large-scale, longitudinal research, it is difficult to come to clear far-reaching conclusions on what was acknowledged by the authors of the FSA review.

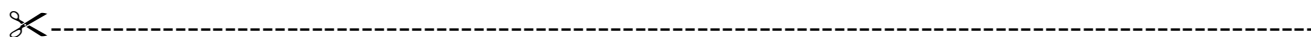
‘Also, there is not sufficient research on the long-term effects of pesticides on human health,’ he added.

S P E A K I N G – R O L E P L A Y

Student (playing a student)

You go to see your language teacher. You want to discuss with him/her why some points were deducted from your recent language exam. After the usual greetings, tell your teacher about problematic parts/questions and ask him/her kindly for an explanation.

You start.



S P E A K I N G – R O L E P L A Y

Teacher (playing student's language teacher)

Your students comes to see you and ask why he/she lost some points on a recent language exam. You – as the teacher – will give an explanation for each question you are asked. You should end the discussion by giving encouragement to the student to do better next time.

Your partner starts.

S P E A K I N G – P I C T U R E

Use the picture below to make a story with the title: *Then I had to prepare a meal on my own.*

